

POOL MENU

APPETIZERS

HUMMUS | 16.5

Hummus, olives, feta, house chips
(V, VV, DF)

ONION RINGS | 14.5

White onions, house batter, burnt
onion aioli (V, VV, DF)

POUTINE | 14.5

fries, Montreal curds, house
gravy, add pulled pork | 5

WINGS | 20.5

Chicken wings served with house
ranch, celery and carrots
Ask your server for flavors (DF)

CHICKEN TENDERS | 20

Ask your server for flavors. (DF)

TRUFFLE PARM FRIES | 12

Fries, truffle oil, parmesan, burnt
onion aioli (V)

CALAMARI | 23

Humbolt calamari, candied red thai
chilis, tzatziki, fried capers, pickled
red onion

BONELESS PORK BITES | 18

Ask your server for flavors (DF)

CREATE YOUR OWN PLATTER | 52

pick any three items: hummus,
onion rings, fries or truffle parm
fries, poutine, wings, pork bites,
chicken tenders.

BOWLS

*Add Chicken (crispy, grilled or
cajun) | 7 Prawns | 8*

SELIA SALAD | 19

Mixed greens, maple dijon dressing,
pickled onions, carrots, cucumber,
tomatoes, radish, avocado, roasted
pumpkin seeds (V, VV, DF)

CAESAR | 17

Romaine hearts, Caesar dressing,
bacon, parmesan, fried capers, herb
and garlic croutons (V)

TEX MEX BOWL | 19

mixed greens, black beans, roasted
corn, pico de gallo, tortilla crisps,
avocado, radish, chipotle ranch (V,
DF)

GREEK CHICKPEA SALAD | 18

romaine hearts, chickpeas, olives,
cucumber, red peppers, cherry
tomatoes, red onion, feta, roasted red
peppers, lemon dill dressing.

BURGER BOWL | 26

two 4 oz smash patties, burnt onion
aioli, cheddar, bacon, lettuce, cherry
tomatoes, red onions, pickles, sunny
side up egg

SPICY CHICKEN BOWL | 24

crispy, cajun or grilled chicken
breast, jalapeno jack cheese, house
hot sauce, jalapeno aioli, pickles,
slaw, lettuce and cherry tomato

BURGERS & SANDWICHES

*Served with fries or salad. Sub
onions rings or caesar | 3
Selia size it: onion ring, bacon,
sunny side up egg | 5*

CHEESEBURGER | 25

6oz smash patty, burnt
onion aioli, aged cheddar,
lettuce, red onions, tomato,
pickles

SPICY CHICKEN BURGER | 23

crispy, cajun, or grilled chicken
breast, jalapeno jack cheese, house
hot sauce, jalapeno
aioli, pickles, slaw

PORTOBELLO BURGER | 21

marinated sliced portobello, arugula,
balsamic glaze, roasted red pepper,
jalapeno jack cheese (V, DF)

TACO AL PASTOR | 22

two tacos, shredded pork
shoulder or shrimp, corn
tortilla, grilled pineapple, red
onion, cilantro, salsa verde,
avocado yogurt (DF)
add: extra pork/shrimp taco | \$6

MAIN

FISH & CHIPS | 29

two 4oz battered cod, coleslaw,
fries, house tartar sauce (DF)

DESSERT

CHOCOLATE ALMOND TORTE | 13

chocolate cake, whipped cream

HUSH PUPPIES | 12

beignet, sugar, cinnamon,
chocolate sauce, caramel sauce,
whipped cream

Vegan (VV)
Vegetarian (V)
Dairy Free (DF)

DRINK MENU

READY TO DRINK

SOMERSBRY: APPLE \$8
SOMERSBRY: BLACK CHERRY \$8
OLE: MANGO, MARGARITA,
TEQUILA SUNRISE \$8
GRAPEFRUIT RADLER \$10

DRAFT 16OZ | JUG

PEACOCK (HOUSE) SPECIAL \$6 | 21
VELVET FOG (WHEAT ALE) \$8 | 25
SAPPORO (LAGER) \$8.5 | 26
BLUE BUCK (PALE ALE) \$8 | 25
HEINEKEN (LAGER) \$9 | 31
JUST PEACHY CIDER \$9 | 29
TOKYO DRIFT \$9 | 25
DIRTY BIRD \$9 | 30

GLUTEN FREE | \$10

GLUTENBERG 473ML
PALE ALE, IPA, WHITE, BLONDE

BOTTLES | \$8

BUDWEISER
BUD LIGHT
KOKANEE
KEITHS
MOLSON CANADIAN
COORS LIGHT

COCKTAILS 2oz \$14

LONG ISLAND
RASPBERRY MINT MOJITO
SELIA PALOMA
SELIA CAESAR
GIN FIZZ
RED SANGRIA

WINES/CHAMPAGNE 6 | 9OZ

HOUSE: RED AND WHITE \$9.5|12
ROSE \$12|15
PROSECCO \$14

NON-ALCOHOLIC

CRAFT PALE ALE \$7
CRAFT BLONDE \$7
BUD PROHIBITION \$6
HEINEKEN \$6

POP & JUICE | \$3

COKE
SPRITE
DIET COKE
GINGER ALE
ICED TEA
CRANBERRY
PINEAPPLE
APPLE
ORANGE JUICE

SMOOTHIES

*All smoothies come with 1 scoop of whey or
vegan protein powder**

MONSTER MATCHA | 11

banana, spinach, oat milk, vanilla protein powder,
matcha

HAWAIIAN SUNRISE | 11

banana, mango, toasted coconut, coconut cream,
mango & pineapple juice, vanilla protein powder

STRAWBERRY STORM | 11

strawberries, banana, vanilla protein powder, vanilla
extract, oat milk

BERRY BLAST | 11

mixed berries, oats, oat milk, vanilla protein powder,
grape juice

FUNKY MONKEY | 11

banana, oats, oat milk, chocolate protein powder,
espresso, wow butter

PEA-NOT BUTTER | 11

banana, oat milk, wow butter, chocolate protein
powder

GO BANANAS | 11

banana, pineapple, honey, oat
milk, vanilla protein powder

SUBS & ADD ONS

add on - Extra Protein | 3
add on - Fresh Egg | 1
add on - Spinach | 1
add on - Wow Butter | 1.5
sub* - or Vegan Protein |1.5